

Shading on Yield and Quality of Lettuce Cultivars in Semiarid Conditions

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Abstract

Lettuce is a crop originating from temperate climate, and for this reason, when cultivated in semiarid region, characterized by high luminosity and temperature, major losses in productivity and quality occur. The objective of this work was to evaluate the influence of different levels of shade on yield and quality of lettuce cultivars in semiarid conditions. The experiment was conducted under field conditions at the Human and Agricultural Sciences Center at State University of Paraíba, Brazil, in randomized blocks with parcels divided into 4 × 4 factorial space, and four repetitions. The parcels received different shading levels (0, 30, 50 and 70%) with black polypropylene screen and sub parcels by lettuce cultivars: ‘Americana Irene’, ‘White Boston’, ‘Regina de Verão’ and ‘Green Salad Bowl’. The shading promoted higher performance in height, stem diameter, root length, pH and dry mass of lettuce plants when compared to those grown in the open-air, being the shading of 70% the more efficient. The ‘Americana Irene’ cultivar was distinguished in terms of plant height, foliage area, leaves dry mass and soluble solids, independently from the cultivation environment. With the shading, this cultivar improved the aerial shoot-root ratio and root dry mass.

Keywords: *Lactuca sativa* L., dry mass, luminosity, photoinhibition

1. Introduction

Lettuce (*Lactuca sativa* L.) is a leafy vegetable that presents broad adaptation to several environments, low production cost, low susceptibility to plague and diseases, easy handling, short cycle, high productivity and economic profitability, being one of the most cultivated specie through Brazilian regions (Araújo Neto et al., 2012).

This oleraceous originates from temperate climate countries, which makes its cultivation in tropical climates a challenge for producers, due to the low productivity and bad quality of leaves caused by increased luminosity and temperature (Blind & Filho, 2015; Guerra et al., 2017).

Excess of solar radiation may cause direct damage to plants, affecting the CO₂ assimilation through the photosynthetic process, known as photoinhibition, very common in plants with photosynthetic mechanism C₃, such as lettuce (Fu et al., 2012; Guerra et al., 2017). Furthermore, the increase in radiation tends to increase air temperature, negatively interfering in the crop production with the decrease in plant grow, yield and quality (Fu et al., 2012; Ilić & Fallik, 2017). Temperatures above 20 °C stimulate bolting, which is accelerated with increased temperatures and even more critical when associated to long days, resulting in anticipation of the harvest and low-quality plants (Santi et al., 2010). On the other hand, excessive shading may present a cycle

extension, etiolation of the plants and productivity reduction, arising from the reduction in photosynthetic flow (Blind & Silva Filho, 2015).

In semiarid regions, where environments present high luminosity and temperature, the culture cannot grow and develop according to its maximum genetic potential. Under such conditions, plants tend to shorten the cycle, reducing in addition the quality, while yielding fibrous, small and bitter leaves (Luz et al., 2009).

These factors can be minimized by using shading screens, which work to reduce the deleterious effects of high radiation and temperatures (Silva et al., 2015; Pinheiro et al., 2016), providing a microclimate appropriate to the development of the crop (Kotilainen et al., 2018). In this study, we evaluated the effect of dry matter accumulation (Pinheiro et al., 2016; Guerra et al., 2017).

The adaptation to different environments of cultivation varies according to the genetic potential of each group or cultivar, being essential knowledge about the different shading conditions (Guerra et al., 2017). A few researchers have reported the effect of shading screens in lettuce crops, such as Fu et al. (2012), Sales et al. (2014) and Gonçalves et al. (2017), as well as the behavior of different cultivars, as demonstrated by Guimarães et al. (2011), Souza et al. (2013) and Blind and Silva Filho (2015). However, studies involving simultaneously different shading levels and lettuce cultivars are scarce, mainly those involving different groups.

The objective of this work was to evaluate the influence of different levels of shade on yield and quality of lettuce cultivars in semiarid conditions.

2. Material and Methods

The experiment was conducted under field conditions, at the Human and Agricultural Sciences Center at State University of Paraíba, Campus IV, in Catole do Rocha county, Paraíba State, Brazil (6°20'38" S 37°44'48" W; altitude 270 m), in the period from July to September 2017.

According to Köppen classification, the climate of the region is BSw'h', characterized by a hot semi-arid, with two distinct seasons, a rainy one with irregular precipitation and a dry season. The annual average rainfall is 800 mm, the average temperature is 27 °C and the rainy season concentrates from February to April.

Soil is classified as Eutrophic Fluvi Neosols (Santos et al., 2013), not saline and gently flat terrain. Soil samples were collected in the 0-20 cm depth layer and analyzed following the methods adopted by Embrapa (1997), whose characteristics are shown in Table 1.

Table 1. Chemical and physical characteristics of the soil used for the experiment. Catole do Rocha-Paraíba, Brazil, 2017

Chemical Characteristics									
pH	P	K ⁺	Ca ²⁺	Mg ²⁺	Na ⁺	Al	Al + H	C	MO
	----- mg dm ⁻³ -----		----- cmolc dm ⁻³ -----					----- g kg ⁻¹ -----	
6.70	16.19	458.00	1.49	0.54	0.10	0.00	0.00	6.72	11.59
Physical Characteristics									
Sand	Silt	Clay	SD	PD	P	FC	WP	ASW	
----- g kg ⁻¹ -----		----- g cm ⁻³ -----		----- % -----					
661	213	126	1.51	2.76	45.0	23.52	7.35	16.71	

Note. MO = organic matter; SD = Soil Density; PD = Particles Density; P = Soil Porosity; FC = Field Capacity; WP = Wilting Point; ASW = Available Soil Water.

The water used in the experiment was also analyzed (Table 2).

Table 2. Chemical characterization of the water used in the experiment. Catole do Rocha-Paraíba, Brazil, 2017

pH	CE	SO ₄ ⁻²	Mg ⁺²	Na ⁺	K ⁺	Ca ⁺²	CO ₃ ⁻²	HCO ⁻³	Cl ⁻	RAS	Classification
		----- mmolc L ⁻¹ -----							----- (mmolc L ⁻¹) ^{0.5} -----		
6.90	0.84	0.18	1.48	6.45	1.21	2.50	0.00	10.75	7.00	4.57	C ₂ S ₁

Note. EC = Electrical conductivity of water; EC was determined in the Soil and Water Analysis Laboratory from the Federal University of Paraíba, Campus II, Areia, Paraíba, Brazil; C₂S₁ = water with medium salinity and low sodicity risks.

The experimental design was in randomized blocks, in subdivided parcels in 4×4 factorial space, with 4 replications. The parcels received different shading levels (0, 30, 50 and 70%) with black polypropylene screen and sub parcels with lettuce cultivars corresponding to different groups: ‘Americana Irene’ (Cabbage/Head Lettuce), ‘White Boston’ (Butterhead Lettuce), ‘Regina de Verão’ (Leaf Lettuce) and ‘Green Salad Bowl’ (Mimosa), to a total of 16 treatments and 64 experimental units.

Seeding was performed in 162-cell polystyrene trays, containing own commercial substrate to produce vegetable seedlings. Four seeds per cell were seeded at a depth of 0.5 cm, where such remained in a greenhouse until transplantation. Thinning was performed ten days after seeding, leaving just one plant per cell.

The preparation of the experimental area in the field was carried out by plowing followed by harvesting. The beds were created 1.25 meters wide, 13 meters long and 0.20 meters high. Bovine manure was incorporated in the beds to raise the contents of organic matter from 1.15 to 3%, according to the formula proposed by Bertino et al. (2015). The characterization of the cattle manure used in the beds is shown in Table 3.

$$M = \frac{(DMI - DMO) \times VS \times SD \times MDM}{CMM} \quad (1)$$

Where, M: amount of cattle manure to be applied by seedbed (g); DMI: organic matter dosage to be increased in soil (g kg^{-1}); DMO: organic matter dosage existing in soil (g kg^{-1}); VS: volume of seedbed; SD: soil density; MDM: moisture of dry cattle manure; CMM: content of organic matter existing in manure (g kg^{-1}).

Table 3. Chemical characterization of the cattle manure used as organic matter source for the experiment. Catole do Rocha-Paraíba, Brazil, 2017

N	P	K ⁺	Ca ²⁺	Mg ²⁺	Na ⁺	Zn ²⁺	Cu ²⁺	Fe ²⁺	Mn ²⁺	OMS	OC	C/N
g kg ⁻¹						mg kg ⁻¹				g kg ⁻¹		
12.76	2.57	16.79	15.55	4.02	5.59	60.00	22.00	855.00	325.00	396.00	229.70	18:1

Note. OMS = Organic Matter in Soil, OC = organic carbon, C/N = carbon/nitrogen ratio.

Transplanting occurred at 20 DAS (days after sowing), when the plants already had two pairs of leaves. For the cultivation was adopted the spacing of 25×25 cm, totaling 16 plot plants⁻¹. Each plot was covered with the shade screen corresponding to the treatment, under wood structures with 50 cm in height, while the treatment at 0% shading (outdoors) received no shade cover.

Plant irrigation was performed on a daily-basis using the localized irrigation method, according to the evapotranspiration of the crop-Etc (mm day^{-1}), adopting the drip irrigation system. Calculation was performed based upon the reference evapotranspiration (Eto, mm day^{-1}), estimated by tank Class A and corrected by the Kc of the crop according to the plant development stage, obtaining the consumptive usage (Uc) considering the percentage of wet area (P) = 100%. With that, for the purposes of calculating the daily liquid irrigation plates (LLD = ETc), it was obtained $LLD = Uc \times P/100$ (mm day^{-1}); the coefficient of the tank Class A (Kp) was 0.75, and the coefficient for variable cultivation according to the stage of the culture (Kc), where from 0-8 days it was considered 0.30; from 9-16 days 0.52; from 17-24 days 0.93; from 25-33 days 0.87; and from 34-38 days 1.02 according to Santana et al. (2016).

Weeding was performed manually according to need of the crop.

At 15 and 30 DAT (days after transplantation), the climate conditions of the experimental area were evaluated. Air temperature was evaluated with the aid of a Thermo Hygrometer placed below the shading screens and in open-air, performed at 9 a.m. Similarly, soil temperature was evaluated on the surface and in layers from 0-10 cm and 10-20 cm using a digital thermometer (Incoterm) at 9 a.m. for all shading treatments and control. Incident radiation was evaluated using a Ceptometer, and measurements were also performed at 9 a.m. (Table 4).

Table 4. Values for air and soil temperature, and incident radiation in lettuce cultivation under different shading levels at 15 and 30 days after transplantation. Catole do Rocha-Paraíba, Brazil, 2017

SL (%)	T air (°C)	Radiation (MJ m ⁻² day ⁻¹)		Soil Temperature (°C)		
		ass ¹	bss ²	sl ³	10-20 cm	20-30 cm
<i>15 DAT</i>						
0	38.05	2393.50	-	50.50	29.81	28.69
30	35.75	2256.00	1453.00	39.75	28.88	27.50
50	35.50	2062.20	1148.20	39.25	28.00	27.00
70	34.25	2218.50	831.50	33.31	26.81	26.56
<i>30 DAT</i>						
0	38.85	1774.00	-	41.38	29.25	28.31
30	35.55	2002.70	1252.00	31.56	27.44	27.38
50	34.10	1817.20	866.50	27.31	26.88	26.56
70	33.00	1919.00	730.00	27.25	26.69	26.31

Note. SL = shading levels; T air = air temperature; ¹above shading screen; ²below shading screen; ³superficial layer.

Harvest was performed 30 DAT, when plants reached the commercial harvest point. Four plot plants were selected, which were used to carry out the following evaluations: plant height (cm) measured from soil level to leaf edge; diameter of the stem (mm) measured using a digital caliper measured on the plant stem; the number of leaves per plant was evaluated by counting, discarding yellow and/or dried leaves, from the basal leaves to the last open leaf; root length (cm) measured with ruler graduated in cm; Leaf area was obtained following Silva et al. (2016) by relating the dry mass of 8 leaf discs with known area (1.34 cm²) to the total dry mass of leaves per plant, according to the following equation: LA = (LDM × DLA)/DDM. Where: LA = leaf area (cm² per plant); LDM = dry mass of the leaves (g), DLA = leaf area of the discs (cm²), DDM = dry mass of the discs (g).

After this stage, the different organs of the plants were separated, conditioned in Kraft paper bags and taken to dry in an oven at with forced air circulation at 65 °C, for 72 hours. Next, were weighted in a precision scale, to determine the dry mass for the roots, stem and leaves and total plant (g plant⁻¹). The shoot-root ratio was calculated using the dry mass from the respective organs.

Soluble solids (SS) were determined with the extraction of the laves using a digital refractometer (Atago PR-100), with automatic compensation at 25 °C. Results were expressed in %, according to methodology from AOAC (1992).

Total acidity (AT) was evaluated using a 10 mL aliquot of juice, in duplicate, to which 40 mL of distilled water and three drops of indicator alcoholic phenolphthalein 1% were added and, afterwards, proceeded by titration with a NaOH 0.1 N solution until the turning point, with results expressed in % citric acid (IAL, 1985).

The potential hydrogen (pH) was determined directly in the homogenized material using a digital potentiometer model HI 9321 (Hanna Instruments) properly calibrated (IAL, 1985).

Data were submitted to variance analysis and treatment averages were compared by Tukey test at 5% probability, using the software SAEG 2007.

3. Results and Discussion

There was no significant effect in the interaction between shading levels and cultivars in the growth variables, with the exception of the shoot-root ratio. However, when isolated, the shading levels influenced the plant height, stem diameter, and root length, while cultivars differ in plant height, number of leaves and leaf area (Table 5).

Table 5. Summary of the variance analysis for variables plant height (PH), stem diameter (SD), number of leaves (NL), leaf area (LA), root length (RL) and shoot-root ratio (S/R) in lettuce cultivars under different shading levels. Catole do Rocha-Paraíba, Brazil, 2017

Variation Sources	DF	Mean Squares					
		PH	SD	NL	LA	RL	S/R
Block	3	4.23	0.02	10.19	2457.37	2.27	0.15
Shading (S)	3	34.34*	0.39*	12.03 ^{ns}	610.27 ^{ns}	31.50*	3.78*
Error A	9	11.04	0.12	9.27	300.78	1.54	1.28
Cultivars (C)	3	12.05*	0.10 ^{ns}	151.01*	5833.46*	1.24 ^{ns}	26.12*
Interaction S × C	9	1.15 ^{ns}	0.01 ^{ns}	2.29 ^{ns}	1728.88 ^{ns}	1.24 ^{ns}	5.37*
Error B	36	2.48	0.05	8.61	1192.89	1.42	1.71
CV A (%)	-	20.33	20.47	13.58	16.55	8.89	20.72
CV B (%)	-	9.64	12.74	13.09	32.95	8.52	23.92

Note. DF = degrees of freedom; CV = variation coefficient; ^{ns} = not significant; * = significant at 5% probability by F-test.

Plant height, stem diameter and root length increased in plants cultivated under the shading screens, with the highlight to 70% with values of 17.8; 1.99 and 15.6 respectively (Table 6).

Table 6. Mean values for plant height (PH), stem diameter (SD), number of leaves (NL), leaf area (LA) and root length (RL) for lettuce plants as a function of shading levels and cultivars. Catole do Rocha-Paraíba, Brazil, 2017

Shading Levels (%)	PH (cm)	SD (cm)	NL	LA (cm ² plant ⁻¹)	RL (cm)
0	14.50 b	1.55 b	21.44 a	103.11 a	12.38 b
30	15.90 ab	1.70 ab	22.27 a	107.83 a	13.17 b
50	17.00 ab	1.81 ab	22.69 a	110.07 a	14.63 a
70	17.80 a	1.99 a	23.20 a	98.78 a	15.59 a
Cultivars					
‘Americana Irene’	17.30 a	1.66 a	18.67 b	136.11 a	13.90 a
‘White Boston’	17.10 a	1.71 a	26.34 a	96.55 b	14.05 a
‘Regina de Verão’	15.50 b	1.85 a	23.83 a	83.58 b	13.39 a
‘Green Salad Bowl’	15.40 b	1.73 a	20.79 b	103.01 b	14.49 a

Note. The means followed by the same letter in columns do not differ at the 5% probability level by Tukey test.

These results indicate that shading screens reduced incident radiation on the plants, especially with 70%, providing for greater growth of such plants. Similar results were also found in lettuce cultivated under the 30, 40 and 50% shading screens, in which increased shading provided for greater plant height (Luz et al., 2009) and stem diameter (Diamante et al., 2013; Neves et al., 2016). This fact is due to the more shaded environment receiving less radiation and presenting lower temperatures compared to open-air, providing a more favorable environment for lettuce cultivation (Ilić et al., 2017).

The ‘Americana Irene’ cultivar presented higher height in relation to the other cultivars, because it presented the architecture of the erect leaves. Meanwhile, the cultivar ‘Green Salad Bowl’, the lowest height, because it is a plant of more prone size (Table 6).

On the other hand, stem diameter and root length were not altered among the cultivars tested, regardless of the level of shading adopted. Therefore, it is possible to infer that these cultivars have a root growth pattern and the diameter are more dependent on the level of shading than on the genetic material itself.

The number of leaves was greater for cultivars ‘White Boston’ and ‘Regina de Verão’, while the leaf area was superior in ‘Americana Irene’ (Table 6). The number of leaves per plant is a very important factor, once indicates the adaptation of the genetic material to the environment (Diamante et al., 2013), pointing cultivars ‘White Boston’ and ‘Regina de Verão’ with better generic potential, independently from the cultivation conditions. Furthermore, the number of leaves per plant is important, once these organs are the edible part of the plant and, above all, the greater amount of leaves can alter foliar area and the production of the plant.

According to Moraes et al. (2013), light is one of the main factors that limits vegetable development, and the leaf being the main photosynthetic organ of plants. However, in the current study, the different shading environments did not interfere with the number of leaves, as well as the foliar area. Such results demonstrate that the utilization of shading screens of up to 70% was not sufficient to alter the number of leaves and, consequently, the foliar area for lettuce cultivars. However, a trend that plants which received increased shade produced a greater amount of leaves was observed, although results were not different from cultivation in open-air.

Although the ‘Americana Irene’ cultivar presented smaller number of leaves, its leaf area was superior to the one observed in the other cultivars, indicating that its leaves were bigger, compensating the low number of leaves. On the other hand, cultivars ‘White Boston’ and ‘Regina de Verão’ had the greatest number of leaves, but with smaller foliar area, indicating that the increase in leaves number in these cultivars did not compensate the low foliar area, due to its smaller size. As with plant height, leaf emission and growth must be related to the genetic improvement, pointing to some cultivars with increased higher potential (Zuffo et al., 2016).

The shoot-root was greater in the ‘Americana Irene’ cultivar when compared to the others in all shading levels, being higher when cultivated at open-air (Table 7). For this cultivar, the shoot-root ratio is related to the leaf area and dry mass characteristics that presented the highest values, which resulted in the increase of this variable. Meanwhile, remaining cultivars did not have the shoot-root ratio altered by different shading levels. This fact reveals that the ‘Americana Irene’ cultivar was more efficient than other cultivars in absorbing and transferring water and nutrients to supply its nutritional and physiological needs, even with a smaller radicular system available.

Table 7. Mean values for the shoot-root ratio for lettuce plants as a function of the shading levels and cultivars. Catole do Rocha-Paraíba, Brazil, 2017

Shading Levels (%)	Shoot-root ratio			
	Cultivars			
	‘Americana Irene’	‘White Boston’	‘Regina de Verão’	‘Green Salad Bowl’
0	7.56 Aa	3.98 Ba	4.88 BCa	5.44 ABa
30	7.54 Aab	3.35 Ba	5.24 ABa	4.41 Ba
50	5.90 Ab	3.24 Ba	5.56 ABa	6.56 Aa
70	7.45 Aab	4.92 Ba	3.53 Ba	5.02 Ba

Note. Means followed by upper case letter in the same line do not differ between cultivars and lowercase in the same column do not differ for shading at the 5% probability level by the Tukey test.

For the production variables, there was interaction between the shading levels and the cultivars only for the root dry mass. However, it was registered a significant isolated effect in the shading levels for the leaves dry mass, for the stem and total, and cultivars for leaves dry mass and stem (Table 8).

Table 8. Summary of the variance analysis for the variables for dry mass of leaves (DML), stem (DMS), root (DMR), total (SDM), pH, titratable acidity (TA) and soluble solids (SS) in lettuce cultivars under different shading levels. Catole do Rocha-Paraíba, Brazil, 2017

Variation Source	DF	Mean Squares						
		DML	DMS	DMR	SDM	pH	TA	SS
Block	3	0.82	0.00	0.06	1.33	0.01	1.38	0.15
Shading (S)	3	12.37*	0.62*	1.50*	29.70*	0.10*	1.27 ^{ns}	5.13*
Error A	9	1.46	0.09	0.19	2.88	0.01	0.57	0.12
Cultivars (C)	3	5.10*	0.82*	1.55*	0.47 ^{ns}	0.05 ^{ns}	1.44 ^{ns}	0.39*
Interaction S × C	9	1.63 ^{ns}	0.12 ^{ns}	0.35*	1.62 ^{ns}	0.01 ^{ns}	0.18	0.06 ^{ns}
Error B	36	0.92	0.09	0.14	1.01	0.03	0.76	0.11
CV A (%)	-	17.59	22.68	26.81	17.18	1.96	14.85	12.73
CV B (%)	-	14.03	22.81	22.93	10.20	2.81	17.09	12.17

Note. DF = degrees of freedom; CV = variation coefficient; ^{ns} = not significant; * = significant at 5% probability by F-test.

The dry mass for leaves, stem and total was greater when lettuce plants were cultivated with 50 and 70% shading. As amongst cultivars, the leaves dry mass for ‘Americana Irene’ was greater and, at the same time, presented lower dry mass in the stem. The highest dry stem mass was found for the cultivar ‘Green Salad Bowl’ (Table 9).

Table 9. Mean values for dry mass of leaf (DML), stem (DMS), total (SDM), pH, total acidity (TA) and soluble solids (SS) in lettuce cultivars under different shading levels. Catole do Rocha-Paraíba, Brazil, 2017

Shading Levels (%)	DML	DMS	SDM	pH	TA	SS
0	5.61 b	1.12 b	7.93 b	6.17 b	5.48 a	3.49 a
30	6.85 ab	1.33 ab	9.97 a	6.27 ab	5.21 a	2.74 b
50	7.45 a	1.47 a	10.70 a	6.32 a	5.07 a	2.60 b
70	7.52 a	1.55 a	10.91 a	6.36 a	4.74 a	2.12 c
Cultivars						
‘Americana Irene’	7.91 a	1.05 c	10.21 a	6.20 a	4.61 a	2.55 b
‘White Boston’	6.55 b	1.27 bc	9.95 a	6.33 a	5.22 a	2.91 a
‘Regina de Verão’	6.40 b	1.53 ab	9.63 a	6.32 a	5.52 a	2.85 ab
‘Green Salad Bowl’	6.61 b	1.60 a	9.77 a	6.25 a	5.13 a	2.61 ab

Note. The means followed by the same letter in columns do not differ at the 5% probability level by the Tukey test.

The greatest dry mass for the different plant organs found in lettuce cultivation in shaded conditions in comparison to open-air cultivation is directly related to the greater radiation incidence in the open-air environment, possibly causing photoinhibition. Under this condition, plants had the photosynthetic process compromised, producing less dry mass (He et al., 2016). However, shading favored the reduction in air and soil temperature (Table 4), which provided for a more suitable environment for plant growth and development, considering that in high temperatures, the vegetative development of the culture is affected, due to the juvenile phase acceleration, moving prematurely to the reproductive phase with low dry mass accumulation (Sales et al., 2014). According to Taiz et al. (2017), the high temperature affects the speed of chemical reactions and internal process for solutes transportation and, consequently, the normal development of the plants.

The root dry mass was distinguished for the ‘White Boston’ cultivar in comparison to the other cultivars, presenting increased root dry mass in the 30% shading level. However, this behavior was repeated for cultivars in the 50 and 70% shading level (Table 10). It is important to highlight that in conditions of the greatest shading level-70%—the ‘White Boston’, ‘Regina de Verão’ and ‘Green Bowl Salad’ cultivars surpassed the ‘Americana Irene’ cultivar, which presented the smallest root dry mass accumulation. Such results are probably due to the reduction in radiation and, consequently, lower soil temperatures promoted by the shading screen (Table 4). According to Ilić et al. (2017), shading screens have the potential to modify the amount of light, reducing radiation intensity and thermal properties of the environment, generating a more favorable microclimate to plant growth. This provided for a differentiated growth between cultivars, both for the aerial part and root, which led to larger leaf size in detriment of the root for the ‘Americana Irene’ cultivar.

Table 10. Mean values for root dry mass for lettuce plants under interaction between different shading levels and cultivars. Catole do Rocha-Paraíba, Brazil, 2017

Shading Levels (%)	Root dry mass (g plant ⁻¹)			
	Cultivars			
	‘Americana Irene’	‘White Boston’	‘Regina de Verão’	‘Green Salad Bowl’
0	1.25 Db	2.12 Abc	1.70 Bb	1.55 Ca
30	1.23 Dab	2.64 Aa	1.51 Bb	1.76 Ca
50	1.54 Ba	2.47 Aab	1.62 Bab	1.54 Ba
70	1.46 Cab	1.88 Bc	2.26 Aa	1.76 Ba

Note. Means followed by the same capital letter do not differ between cultivars within each shade level, and lowercase for shading in each cultivar at the 5% probability level by Tukey test.

Regarding the variables for lettuce quality, no significant differences were observed for the interaction of the experimental factors shading levels and cultivars, respectively. However, there was a significant effect isolated from shade levels for pH and total soluble solids, and from cultivars only for soluble solids. As for total acidity, there was no statistical significant alterations between any of the factors (Table 9).

The pH increased while soluble solids values decreased with increasing shade levels from 0 to 70% (Table 9). The highest pH value was recorded when lettuce plants were grown under 50 and 70% shading in relation to the open culture. As the soluble solids decreased with increasing shading, reaching 2.12 at the shading level of 70%. These results show that the pH of lettuce is influenced only by environmental conditions, regardless of the cultivar used.

The values for soluble solids decreased as shading increased, due to the distribution of the assimilates in the plants, with direct effect on this variable (Sales et al., 2014). In the case of lettuce cultivated under diffuse plastic light, Riga and Benedict (2017) found that soluble solids contents were lower than those found in lettuce grown under clear plastic, indicating that the leaves contained more organic acids and/or aminoacids.

Between cultivars, the soluble solids content was the greatest in the 'White Boston' cultivar and smallest in the 'Americana Irene' cultivar, independently from the shading levels (Table 9). Possibly, these results are related to the larger number of leaves also observed for the 'White Boston' cultivar in comparison to 'Americana Irene', which contributed for the increase in the photosynthetic rate, providing for greater transportation of photoassimilates and higher accumulation of sugar in leaves (Sales et al., 2014). According to Silva et al. (2011), the low soluble solids content is an important characteristic, once the consumer prefers a less sweetened lettuce, although the higher the soluble solids content, the longer the quality of the lettuce can be preserved. Thus, it is possible to indicate the 'Americana Irene' cultivar as a product with higher consumer preference, despite the reduced shelf-life.

4. Conclusions

The shading levels improve the lettuce plants performance in comparison to open-air cultivation, specially plant height, stem diameter, radicular length, dry mass production, pH and soluble solids content, being the shading of 70% the more efficient.

The 'Americana Irene' cultivar stands out regarding plant height, leaf area, leaves dry mass and soluble solids, independently from the cultivation environment. With shading, this cultivar improved the shoot-root ratio by decreasing the root dry mass.

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